

## **Making Dental Hygiene a Priority**

Not many [Miami Dentists](#) offer complete dental services under one roof. Mostly patients seeking dental help need to visit multiple dentists for restorative, therapy, and cosmetic processes. This makes it difficult for the patient seeking help from dentists, hence consuming money, time, and effort. In order to prevent this, people look for such dentists who can offer complete dental services under one roof. One such dentist is from the Gables Sedation and Family Dentistry. The services being offered by Gables Sedation and Family Dentistry are:

### **Keeping it Simple:**

First on the list, the team at Gables Sedation and Family Dentistry provides general dentistry services for the complete family. This means that the dentists at Gables can be chosen as a family doctor, and that dentist would be keen to provide his or her services to your family for a life time. The only thing that needs to be taken care of is that the family visits the doctor on time. In general dentistry, the team at Gables offers bridges and crowns, lava bridges and crowns, full mouth restoration, root canal therapy, hygiene services, and emergency dentistry. The dentists at Gables are well experienced and qualified to handle such problems if faced by the patient with expertise.

### **Preventing the Surgery:**

The team at Gables Sedation and Family Dentistry also provides non-surgical solutions to its patients who are not willing to undergo surgery. With the help of non-surgical gum therapy methods, a number of diseases found in the gum of human jaw can be prevented. These non-surgical methods are performed using the latest machinery and rarely cause any pain to the patient.

### **Replacing with a Better Option:**

There are some methods which cannot be fixed as far as dental hygiene is concerned. For this matter, replacement options are used known as dental implant. In this method, the root of a tooth is replaced with an artificial device which keeps the tooth in its place in the jaw. The device like a titanium screw is inserted into the bone which maintains the position of the tooth. Other procedures like extraction of tooth, bone graft, and ICAT 3D imaging can be performed using the latest technological machinery.

### **Bringing Back The Whitening Smile:**

With time, human teeth turn yellow if dental hygiene is not maintained. But this is not permanent. With the expertise of the team at Gables Sedation and Family Dentistry, procedures like teeth whitening, porcelain veneers, bonded fillings, and amalgam free fillings

can be performed which brings the tooth to its natural state and bring back the astonishingly whitening smile.